

SPSC 2018-2019 Skating Season

Sherwood Parkdale Skating Club

Welcome Returning and New Members alike to the 2nd Half of our 2018-2019 Skating Season



Special points of interest:

- *SPSC Coaching Team*
- *Canskate Merit Event and Program Highlights*
- *Holiday Ice Gala*
- *Stay Informed*
- *Dates to Note*

Hello Skaters and Families. I, and our board of directors of volunteers, would like to welcome you to the 2nd Half of our Sherwood Parkdale Skating Club's 2018-2019 Skating Season as well as wish you all a very Happy New Year! We hope you all enjoyed your Holiday Break with family and friends.

For those I have not met, let me introduce myself. My name is Laurie Godfrey and I am the President of the club. I have been involved with Skate Canada for up to 50 years. First as a skater, then coach, Volunteer and probably more importantly from your perspective, a Parent of Skaters in the programs. I also volunteer some time on the Board of Directors at the PEI Section of Skate Canada.

Our first half of the season went so fast and included a Holiday Ice Gala in support of the local food banks. It was a great success with more info further in this newsletter.

It is always my utmost goal to make sure all our skaters, no matter a beginner or seasoned skater, receives the best programming possible. We strive to align ourselves with programs across the country and always look out for what is best for the athlete so they may reach their personal goals in their chosen sport.

The 2nd Half of the Season will continue to be a busy one with special events for all level of skaters.

Along with learning to skate

and achieving goals, we hope everyone enjoys their time here with us at SPSC making new friends and getting the most out of their skating experience. Get involved, work hard and have fun! This is your club!

As volunteers we do not have regular office hours nor may you always see me at the arena when you are there, however, if you have any questions please do not hesitate to contact me. I always do my best, as do our board members, to answer e-mails within 3 days.

Thank you,
Laurie Godfrey,
President SPSC

Our SPSC Club Coaching Team

SPSC is proud to have a great team of certified coaches representing our club and programs. Photos will be placed in our lobby very soon so you can easily recognize the coaches on the ice working with your skaters. All our group coaches are available for private lessons *based on space availability for any level of skater. Contact information can be found on our website under Club Coaches.

As a reminder feel free to speak with our coaches in person, however if it can wait until after the sessions is over, it would be appreciated. Prior to the start of the sessions coaches are busy setting up.

Team Leads:

Sabrina Hinson: Club Coaching Director, Seniors, Adults & Synchronized Skating

Jessica Godfrey: Canskate Co-Ordinator & Juniors

Hannah Hardy: Jumpstart

Canskate MERIT EVENT

Our **Canskate Merit Event is for all level of Canskaters & Jumpstart Skaters** (even if you just started skating). This is an event to celebrate your child's achievements and success whether that be learning to stand up or the advanced skills. There is no fee for this event BUT skaters MUST register so that organizers can prepare for the event. Each skater receives a certificate with individual feedback on progression, a ribbon and goody bag. **The registration deadline is Thursday, January 17th.** The event takes place on Thursday, February 7th between 4pm—7pm. Two weeks before the event skaters will be sent a schedule with their time slot. You can expect to be at arena for approximately one hour from start to finish including awards ceremony. There are no regular Canskate Classes this day. This event is for all skaters from all canskate programs. Don't miss out, register today on our registration page under Events.

PreCanskate & Canskate

CANSKATE : Sessions almost entirely full

- sessions are now 45 mins long. Our rates were prorated with no increase to fees for the season.
- Advanced Canskate is available for stages 4-6 with some exceptions for stage 3 *upon approval of a club professional*

PRE-CANSKATE: Space available on Friday Pre-Can—discounts available for second day of skating

Reduced rates at the Pre-Canskate Level.

Parents have the option of assisting their PreCanskater on the ice provided they meet all criteria.

- To assist only, not a skating lesson for parent (we have an adult session if you wish to learn to skate yourself).
- Must purchase a Skate Canada membership for insurance to be on the ice. **Contact our registrar.**
- Must wear a helmet unless approved by a Club Professional.
- **NEW: Parents going on the ice will have name tags to wear to identify that you are a registered assistant.**

ACHIEVEMENTS

Ongoing achievements are updated in your child's account. Please go to 'Links' on our home page to find valuable information on how to access your ongoing 'report card'. Skaters will receive ribbons and badges as all components are completed for Agility, Balance and Control in each level.

Completing these components can take some time as there are many skills within each component. Your skater is doing great! Celebrate their efforts!

REMINDERS

1. *New participants* have a two day trial period at which time may receive a *partial* refund if you choose to withdraw. Please read your terms and conditions regarding refunds.
2. All participants must wear a CSA approved hockey style helmet. (no bike helmets permitted) and a pair of mitts or gloves. **All these must stay on until the skater is fully off the ice.**

Please Note: Fluffy, fuzzy mittens are proving to be a safety hazard as fibers from the mittens stick to the ice causing a hindrance to blades. Please avoid this style of mitten.

3. Knee Pads: If your child is choosing to wear knee pads it is recommended (if they are the plastic type) to wear a hockey sock or leg cover over the top. Plastic against the ice makes it difficult for skaters to stand up from the knee position.
4. Parents are not allowed on the ice with exception of on-ice insured approved volunteers; or insured Pre-Canskate guardians assisting.
3. There is **NO ACCESS** at the players benches beside the ice surface (except in the case of an emergency). Please view your skaters from the stands or the warm viewing area upstairs.

STARSKATERS-Jumpstart, Juniors and Seniors

Congratulations to all skaters who attended the 2019 NB Winter Skate Competition in December. All our skaters did very well achieving personal bests and enjoying the experience of an off-island event.

Special Dates to Note for STARskaters:

January 5th 12:00pm Program Assistant follow up class. All PA's are expected to attend. Maplewood Room.

February 7th: Canskate Merit Event. All PA's will be required this day between 4pm -7pm. Schedule TBD

COMING SOON - Registration for ADL's Junior STARskate Competition and STARskate Competition.

FUTURE STAR Days coming your way: Dates TBD

Holiday Ice Gala a Great Success

Sunday, December 9th the SPSC held a Holiday Ice Gala in support of local food banks. Our skaters performed magnificently and was a joy for all. Special appearances by Santa Claus and Hoppy our club mascot helped make it extra special for all.

We are happy to say we raised just short of \$400 in cash donations as well as two large containers of food donations. All were greatly appreciated by the Food Bank.. It is our hope that all the efforts of our coaches, volunteers and of course our skaters, helped make the Holidays a little brighter for those in need.

NOTE: Participants who registered to be in the show who have not yet paid their \$5 fee, this is now due. Please drop off in our mailbox at the rink, in an envelope with your child's name or pay on-line from your account. If paying by cash, it must be exact change.



STAY INFORMED

The best place to stay informed is your personal calendar when you are logged into your account, and our Home Page News column.

Our volunteers will do their best to send out reminder e-mails but this is not always possible. Please check your calendars regularly for no skating days or change in times.

Our Home page 'program information' and 'terms and conditions' has lots of information on what to expect in your program and items such as withdraw and refund policies. Many of us will sign off and agree to terms and conditions when registering without reading first. Please review this information so you are fully informed as our volunteers must follow the club bylaws and policies.

Winter is upon us. Our programs cancel only if the arena is closed*. A notice will be posted on our website as soon as we know. If possible, we will send out e-mails to our participants though this is not always possible. Watch our website NEWS Column and check the radio stations for both or either our program cancellation or arena closure.

ONLY travel if you deem it safe even if we are running the program during bad weather.

*Exception for cancellation due to weather is at our Community Club. The arena rarely closes however our coaches are travelling from out of the area. If deemed unsafe for our coaches, this program will cancel.

Please go to our Links Page (on our Home Page Menu Bar) for vital information. All parents are asked to view the Parent Section of Responsible Coaching.

BOARD OF DIRECTORS

Many positions on our board will be open to new volunteers for the 2019-2020 Season. Many are coming to the end of a 2yr term. We also have positions for members at large. You can view position details on our links page. This is your club, please consider volunteering. A notice will be sent out for nominations and date of our AGM later in the season.

DATES TO NOTE

January 2 nd :	Start of second half of the season
January 5 th :	Follow-up PA Training. 12:00pm Maplewood Room, Cody Banks Arena. All Program Assistants are expected to attend.
Jan 11 th -12 th :	No skating at Cody Banks due to Ringette Tournament
January 12 th :	South Shore schedule change: Session will run 8:40am – 9:40am on January 12th
January 13 th :	Regular programming, Ringette Tournament will not affect our sessions on the 13 th as previously scheduled
January 17th:	DEADLINE TO REGISTER FOR CANSKATE MERIT EVENT. There is no cost to participants, but skaters MUST register before the deadline.
Feb 1 st – 3 rd :	NO SKATING at both Cody Banks & South Shore Actiplex due to SPUD Tournament
February 7 th :	2018-2019 CANSKATE MERIT EVENT
February 9 th :	No Skating at South Shore Actiplex due to Sweetheart Tournament
February 18 th :	SPSC Family Skate for all our members 5:15pm – 7:00pm

*Subject to change: always view your personal on-line calendar